

# The Savvy Survivalist

## 72-Hour Bug-Out Bag Checklist

### Navigation

- ☐ Compass
- ☐ Waterproof map
- ☐ Signal mirror

### Shelter

- ☐ Emergency bivvy
- ☐ Lightweight tarp

### Fire-Starting

- ☐ Ferro rod
- ☐ Waterproof matches
- ☐ Tinder

### Water

- ☐ Collapsible bottle
- ☐ Purification tablets
- ☐ Filter straw

### Food

- ☐ Dehydrated meals
- ☐ High-calorie bars

### First Aid

- ☐ Mini first-aid kit
- ☐ Tourniquet
- ☐ CPR mask

### Tools

- ☐ Fixed-blade knife
- ☐ Multi-tool
- ☐ Paracord

### Illumination

- ☐ Headlamp + spare batteries
- ☐ Glow sticks

### Communication

- ☐ Whistle
- ☐ Emergency radio



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